

PROMOTIONAL EXAM REQUIREMENTS QUESTIONS FOR

ORANGE BELT *** QUESTIONS

Complete all answers with SIR!

1.Q. Can you explain what makes power?

A. Power is weight and speed together with relaxation concentration, and confidence, SIR !

2.Q. What are the three attack points when you punch or kick?

A. high section
middle section and
low section, SIR !

3.Q. Why are there different colored belts?

A. The increase in knowledge and ability is symbolized by the darkening colors of the belts as one advances, SIR !